

# The Well-being Team Telephone Consultation Line



We form part of the Psychology and Well-being Service, located within Inclusion and Early Intervention at the States of Jersey. We maintain regular links with SENCOs in our link schools and work with staff, young people and others to develop their understanding of emotional literacy and well-being and awareness of best practice. Our team of four well-being facilitators are keen to offer informal consultations each week to a range of colleagues, young people and families who wish to raise queries/ issues around well-being.

## What is the purpose?

We wish to offer easy, regular access to the well-being team. You are welcome to contact us informally to discuss any concerns relating to a young person's social and emotional needs, e.g self-esteem, managing feelings, coping with loss etc. We will problem solve and share ideas and we may also signpost you to information/approaches.



## When to consult?

The focus of consultation will be school related problems and can be about the individual, group, family or organisation. We aim to discuss concerns at an early stage, where the young person may have mild to moderate well-being needs but who are unlikely to be referred to a WBF at this stage. This consultation will be informal and aims to be a conversation that will make a positive difference.

## How to access the consultation line:

You are welcome to seek a general consultation, where you do not share the name of the young person, but you will require explicit, informed consent from someone with PR if you need to specify a name.  
(NB Request for Intervention by an EP can only be actioned by a school.)



# 07797 916879

Operated on Wednesdays, between 12.30 and 15.00 (term time only)