

Sending Nudes
NOVEMBER 2021
INSPIRING POSITIVE CHOICES

**YOU
MATTER**

1


Housekeeping!

- Please ensure you're accessing the talk in a private location and be mindful of who can hear (little ears!).
- Please don't share personal stories
- Please keep your camera on, if you feel able to!
- Please ensure that you are on mute (unless asking a question)
- Q&A

**YOU
MATTER**

INSPIRING POSITIVE CHOICES

2



**YOU
MATTER**

Sending Nudes **~~Sexting~~ – What is it?**

Taking and sharing self-generated photographs of naked bodies or body parts.

INSPIRING POSITIVE CHOICES

3

**YOU
MATTER**


Sexting – What is it?

Also known as “nudes”, “pic for pic” or sometimes simply “pictures”

INSPIRING POSITIVE CHOICES

4

YOU
MATTER




Why do people send nudes?

INSPIRING POSITIVE CHOICES

5

YOU
MATTER



How might people send nudes?

INSPIRING POSITIVE CHOICES

6



**YOU
MATTER**

“I sent some naked pictures of myself to a boy that I was talking to online. I really regret it now because he took screenshots and says that he’ll show them to all my friends. I don’t know how to report him, I really don’t want my family to find out.”

- 14 year old girl

INSPIRING POSITIVE CHOICES

7

How many young people are doing it?

**YOU
MATTER**

- “Statistics range between 13 and 35 per cent of young people being involved in sexting, depending on their age and the way sexting is measured.”
NSPCC (2019)
- Sexts by children in the UK have risen 183% during lockdown compared to before measures were imposed, with a 55% rise in sexts drafted during normal school hours.

SafeToNet (2020)

INSPIRING POSITIVE CHOICES

8

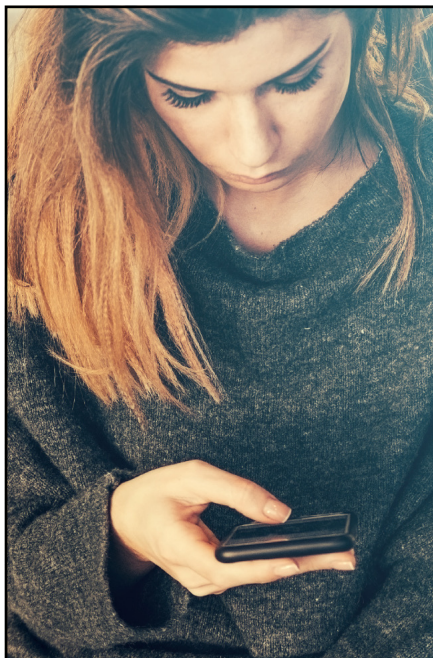
YOU
MATTER

The Risks:

- Bullying / harassment
- Lack of control of images
- 'Digital footprint'
- Future career / job issues
- Where the images might end up...
- The legal implications

INSPIRING POSITIVE CHOICES

9

YOU
MATTER

The Law

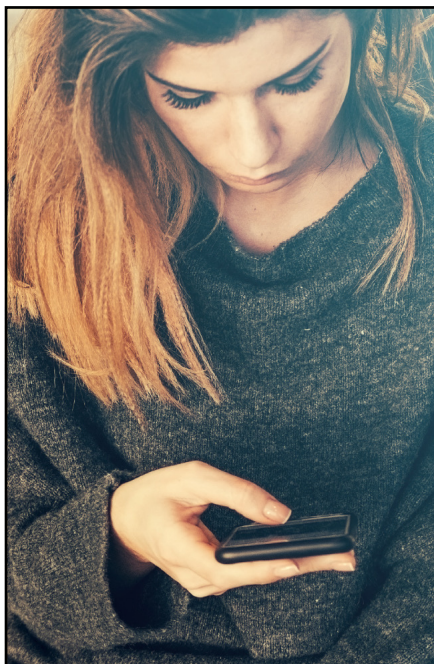
Creating or sharing explicit images of a child is illegal, even if the person doing it is a child.

Protection of Children (Jersey) Law 1994 (revised 2013)

Makes it an offence to take, make, show, distribute, possess (with a view to distribute) or publish an indecent photograph or pseudo-photograph of a child under the age of 16.

INSPIRING POSITIVE CHOICES

10



**YOU
MATTER**

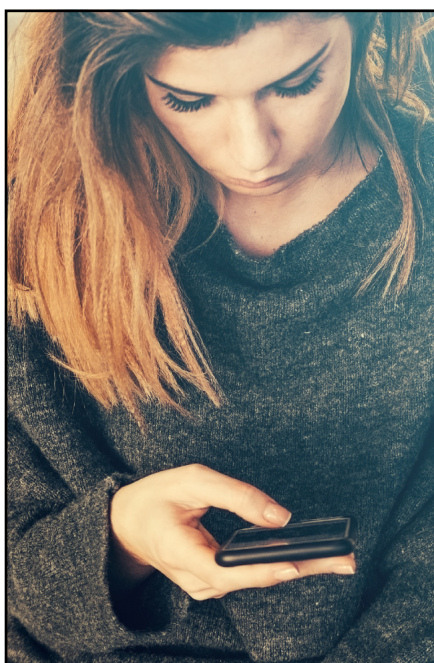
The Law

Telecommunications (Jersey) Law 2002
Makes it an offence to share private sexual photographs or films with the intent to cause distress.

Sexual offences (Jersey) Law 2018
Makes up-skirting an offence, taking voyeuristic photos without permission a specific offence.

INSPIRING POSITIVE CHOICES

11



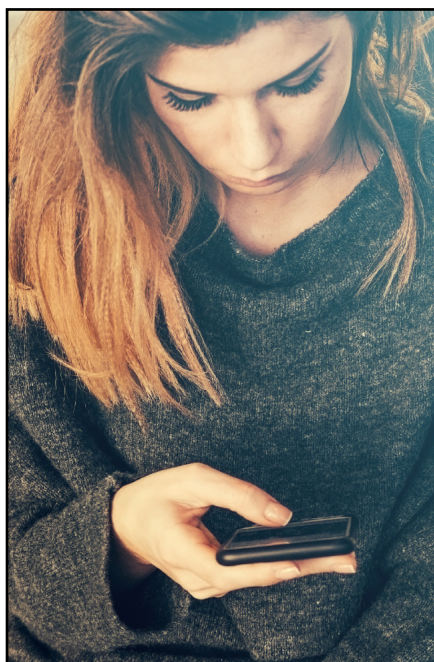
**YOU
MATTER**

Practical tips:

- Outline your expectations of mobile phone / internet use
- Parental controls / passwords?
- Remind your child that their body is private, and being asked to send nudes is disrespectful and not OK

INSPIRING POSITIVE CHOICES

12



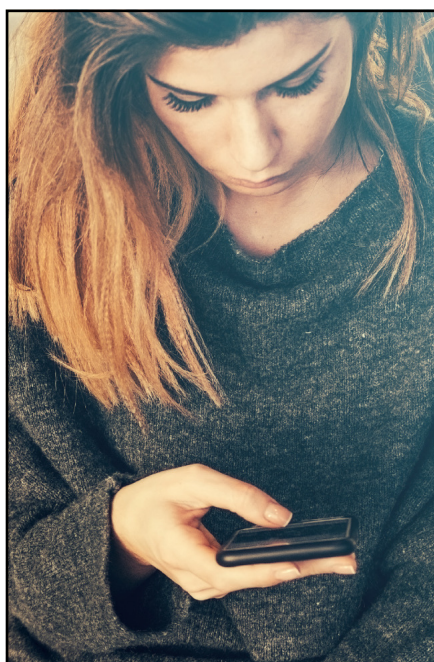
What Can I do?

**YOU
MATTER**

- Start the conversation
- Use 'teachable moments'
- Reassure your child that you will be supportive and understanding

INSPIRING POSITIVE CHOICES

13



Voice of young person

**YOU
MATTER**

- "Be more wary of what your kids are doing – check their phones and if they won't let you, take their phones off them"
- "Kids need privacy, but parents need to be aware"
- Snapchat – for my eyes only
- Insta - Ultra
- Camera roll – calculator app
- Everyone is under pressure
- Parents need to know about TikTok!

INSPIRING POSITIVE CHOICES

14

YOU
MATTER

The Acid Test...

- Would you be happy if Mum / Dad / Granny etc. saw the photo? If not... don't send!

Sources of support

- Make sure that your child knows where to seek help from in the event of something happening. Who would they go to?

INSPIRING POSITIVE CHOICES

15



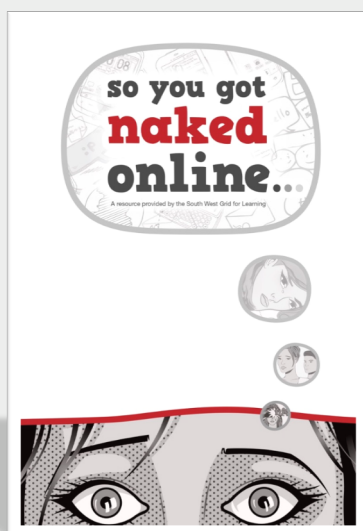
If your young person is affected:

YOU
MATTER

- Remember they'll be watching your reaction
- Take a deep breath!
- Try to remain calm and supportive
- Reassure them that they're not alone
- Make a plan together

INSPIRING POSITIVE CHOICES

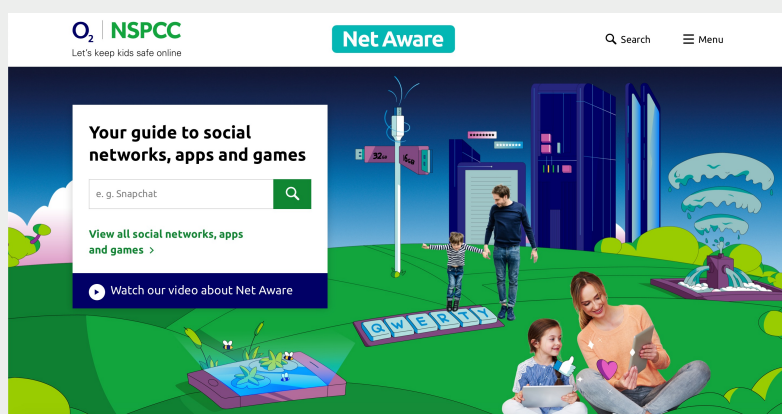
16

YOU
MATTER

<https://swgfl.org.uk/assets/documents/so-you-got-naked-online.pdf>

INSPIRING POSITIVE CHOICES

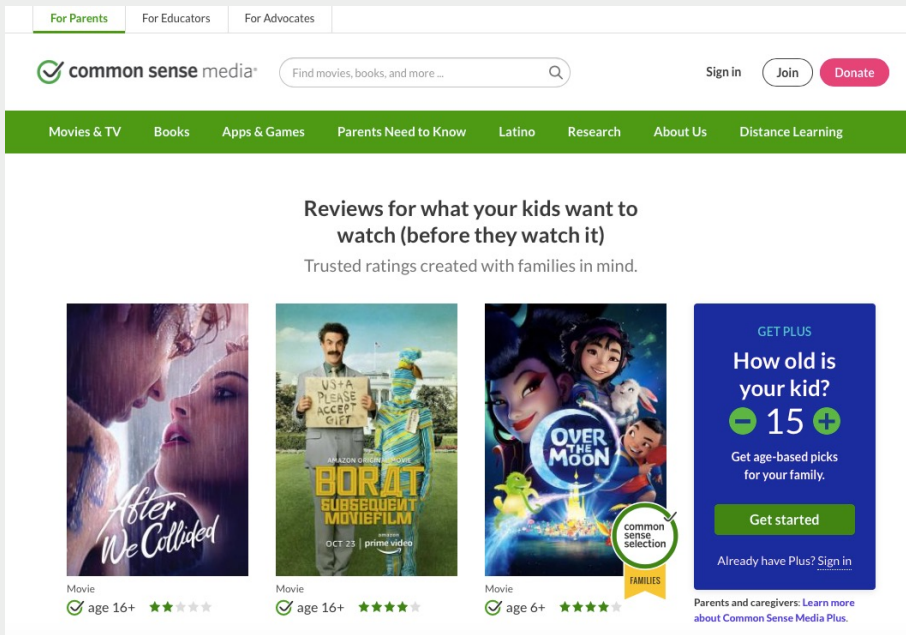
17

YOU
MATTER

<https://www.net-aware.org.uk>

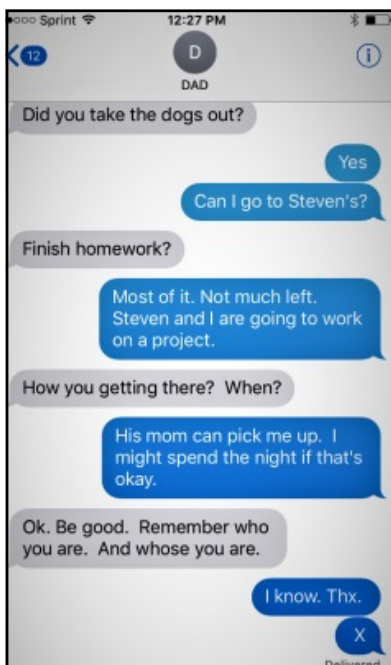
INSPIRING POSITIVE CHOICES

18



The screenshot shows the Common Sense Media website. The header includes navigation links for 'For Parents', 'For Educators', and 'For Advocates'. The main navigation bar lists categories: 'Movies & TV', 'Books', 'Apps & Games', 'Parents Need to Know', 'Latino', 'Research', 'About Us', and 'Distance Learning'. A search bar is present with the text 'Find movies, books, and more...'. The main content area is titled 'Reviews for what your kids want to watch (before they watch it)' and 'Trusted ratings created with families in mind.' It features three movie posters: 'After We Collided' (age 16+, 4 stars), 'Borat Subsequent Moviefilm' (age 16+, 5 stars), and 'Over the Moon' (age 6+, 5 stars). A 'GET PLUS' section on the right asks 'How old is your kid?' with a slider set to 15, and offers 'Get started' and 'Sign in' options. The footer reads 'INSPIRING POSITIVE CHOICES'.

19




The 'X' Plan

- If anything makes your child uncomfortable and they need a way out, all they have to do is send you a text saying 'X'.
- You call them, telling them they must come home immediately.
- This saves them face and provides them with a way out.
- **The important bit:** you agree that you pass no judgement and ask no questions.
- (one caveat – if someone is at risk, they must tell you)

INSPIRING POSITIVE CHOICES

20

YOU
MATTER




Any questions?

INSPIRING POSITIVE CHOICES

21

YOU
MATTER



Remember that you are the expert in your
child. You've got this!

INSPIRING POSITIVE CHOICES

22

